

## PSYCHOLOGICAL TESTING – Texas Annual Conference – United Methodist Church – Board of Ministry

1. Ministry is stressful. The goal of psychological testing is to make sure candidates are prepared for the extraordinary calling from God as a United Methodist minister. Ministry as a clergy person in the UMC is not for everyone. We are excited for the candidate and our goal is to affirm one's calling in ministry. This is done early in the process to help candidates develop their gifts for ministry.
  
2. The goal of psychological testing in the candidacy process is related to the first of John Wesley's historical general rules: "Do no harm." We want to make sure being in ordained or licensed ministry does no harm to *our churches*, AND will do no harm to *our pastors*. The primary purpose of the psychological evaluation of potential clergy is to prevent people from becoming United Methodist pastors who, because of their psychological make-up, might be harmful to parishioners OR (and this is not often recognized) for whom ministry might be harmful to them.
  
3. Therefore, candidates undergo various types of testing:  
For Certification (at Candidacy Summit): Reference Assessment, Personal Data Inventory, Personal Interview, MMPI-3, Strong Interest Inventory and Sentence Completion  
For Commissioning: Reference Assessment, Personal Data Inventory, Personal Interview and 16 PF/PEPQ.
  
4. Candidates will also undergo **Criminal and Financial** background checks.
  - If you have a criminal charge in your background, you are highly encouraged to disclose it.
  - If you are in arrears financially, you are also highly encouraged to disclose it and institute a plan to rectify the matter immediately. These will be discovered in the financial background check process. It is better to get ahead of it by self-disclosing. Doing so will not automatically disqualify you.
  
5. The General Board of Higher Education and Ministry (GBHEM) has prepared "Behavioral Health Guidelines for Boards of Ministry." Every dCOM and BOM member should have a copy ([www.gbhem.org](http://www.gbhem.org)). They identify 12 categories of interest, along with minimum requirements, indicators of concern, and disqualifiers:
  - 1) Alcohol Abuse/Dependence
  - 2) Chemical Abuse/Dependence
  - 3) Divorce or infidelity
  - 4) Family Violence
  - 5) Legal (General)
  - 6) Legal (Sex-related crimes)
  - 7) Mental Illness
  - 8) Personal Finances
  - 9) Physical Health
  - 10) Pornography
  - 11) Sexual Misconduct
  - 12) Definitions of Improper Sexual Contact

If you do not meet the minimum requirements, or have an indicator of concern or disqualifier, it will impact your progress in the candidacy process. ALL CANDIDATES SHOULD HAVE A COPY AND READ IT. Disclose any issues to your mentor, who can help you, know what to do.

6. The client in the psychological evaluation process is the Texas Annual Conference Board of Ordained Ministry (BOM), NOT the candidate. Any information obtained may be shared with the Board once the candidate signs the appropriate waiver. This information cannot be turned over to anyone outside the Texas Annual Conference without your express permission. (This includes to another Conference if you wish to transfer there. We MUST have your permission to share it.)

7. Candidates for certification take the written or online tests at the Candidacy Summit. Before you can schedule an appointment with the Ministry Assessment Specialist (MAS) to get your results, **we must have all your references turn in their reference forms. THIS IS OFTEN WHAT DELAYS THE PROCESS. Therefore, please make sure your references know the timeline and what is expected of them.**

8. **Following Candidacy Summit**, here is what you can expect:

a. The Conference office will compile your references and send them to the MAS.

b. You will receive an email to schedule your assessment with the MAS via SignUp Genius.

c. Once Dr. William July's office has received your Personal Data Inventory and references from the Conference office, **they will contact you – DO NOT REACH OUT TO THEIR OFFICE TO INQUIRE ABOUT THE TIMELINE FOR SCHEDULING YOUR ASSESSMENT.**

d. It is possible that they will require additional information to complete your report after the initial interview. You will be called if this is the case and scheduled for an additional interview.

f. Dr. William July's office is authorized to only send reports directly to the Board of Ordained Ministry. The Psychological Office of the TAC Board of Ministry will then send copies to **you, (the candidate), your mentor, and (until you are commissioned) to your District Committee on Ministry Psychological Officer.**

9. The counselors in Dr. William July's office are psychological professionals who are certified by the General Board of Higher Education and Ministry (GBHEM) to provide these assessments. You cannot use just any counselor, even a licensed one, who is not a certified MAS. We're often asked by those who are out-of-state in seminary about using another counselor, and this is the reason why you cannot. Dr. William July is willing to send a MAS to remote sites - usually a seminary - when the number of candidates to be tested at that site justifies the cost. That is usually about five candidates. We do this to maintain consistency in both testing and interpretation.

10. **Please remember:** Later, when you become a candidate for commissioning, the process is a little different. **You will be contacted directly by the MAS** when you receive your packet from the BOM registrar.

11. Candidates take written or online tests appropriate to the level of ministry they are applying for *fitness* (certification) and *readiness* (commissioning). As a candidate progresses through the process, the evaluation focuses less on psychopathology and more on relational and leadership styles.

12. At each level of certification and commissioning, after you have taken the assessments, and met with the MAS, your results will be put in the form of a written report which is then sent to the BOM Psychological Officer. A link to the full report will be emailed to the candidate, and to the mentor for review and discussion. At the certification level, a full copy will also be sent to the Psychological Officer of your dCOM.

13. The report will present a summary table of the results from your references, the MAS's discussion of your written assessments, and his or her interview with you. This section will highlight areas for future growth (everyone has some), as well as areas of concern from the testing and interview which may impact your fitness or readiness to progress in the process. The cover letter will alert you, your mentor, and the psychological officer of your dCOM to any issues discovered in your background checks regarding the "Behavioral Health Guidelines" and/or any issues discovered in your financial check. *This information will be used in interviews with the candidate.*

14. The opinion of the MAS, after reviewing the written psychological test results, reports of references, and the face-to-face clinical interview, is summarized in a *Type* designation which is shared with the candidate, the mentor, and the dCOM/CBOM. **Imagine a signal light:** green, yellow and red signals mean different things to do.

- The certified Ministerial Assessment Specialist shall designate each candidate as one of 4 color "types"
  - a. **Green** candidates demonstrate no psychological issues that preclude certification, commissioning, or ordination.

b. **Yellow** candidates are individuals who, in the evaluation of the MAS, have some psychological issues that are noted as potential concerns for vocational ministry. For these individuals, the MAS will list recommendations that the candidate and the dCOM/BOM should pay close attention to and develop a plan of action. This plan of action should be documented and revisited by the dCOM upon recertification or by the BOM before ordination. Reassessment by the MAS is not required, unless specifically called for in the original psychological assessment.

c. **Orange** candidates are individuals who, in the evaluation of the MAS, are not currently psychologically ready to be granted the level of relationship to the conference to which they aspire. At the level of certification, the Board of Ordained Ministry strongly recommends that candidates who are evaluated as Orange should not be certified by the District Committee on Ministry until the recommendations by the MAS have been satisfied and the candidate has been reassessed by the MAS as Yellow or Green. At the level of commissioning, the Board of Ordained Ministry strongly recommends that candidates who are evaluated as Orange should not be recommended for commissioning until the recommendations by the MAS have been satisfied and the candidate has been reassessed by the MAS as Yellow or Green.

d. **Red** candidates are those who, in the evaluation of the Ministerial Assessment Specialist, should not be in licensed or ordained ministry. Psychological concerns identified during the assessment are significant/substantive to the degree that the MAS recommends this candidate discontinue the ordination or licensing process, and explore other ways to bring expression to his/her faith. These candidates may be referred to the Psychological Assessment Committee of the Board of Ordained Ministry or the Executive Committee for recommendations to the full Board; however, without further evaluation, Red candidates may not be certified, licensed, commissioned, or ordained.

15. The Conference Board of Ministry is responsible for discerning who is accepted into relationship with the Annual Conference and who is not, regardless of psychological color type assessment. However, it is important to be aware that the liability to the Annual Conference increases, in terms of actions taken by a clergy person, if they have received a psychological evaluation that put the individual in an orange or red category and this rating has been disregarded.

**Board of Ordained Ministry  
Texas Annual Conference  
Candidate Types and Possible Responses**

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## 2. **Second Opinion**

At any point, a candidate may ask for assessments to be re-evaluated at his or her own expense, or get a second opinion by a certified Ministerial Assessment Specialist at his or her own expense. The Board of Ordained Ministry Psychological Assessment Committee will review both assessments and make a recommendation to the Board of Ordained Ministry Executive Committee for a final determination.

	<b>Responsibility</b>	<b>Timeline</b>	<b>Contacts</b>
<b>Candidates of Candidacy Summit</b>	<p><b>Step 1</b> TAC Office—collects references, paperwork of individuals approved by District Office. Documents “fast track” candidates of individuals approved by D.S. (fast track Winter Summit ONLY)</p> <p>Sends list of candidates to BOM Psych officer, MAS Office</p> <p><b>Step 2</b> MAS Office—Online testing during Candidacy Summit. Interviews scheduled afterwards through sign-up genius and TAC Office</p> <p><b>Step 3</b> Testing, interviews, drafting of final report.</p> <p><b>Step 4</b> BOM Psych Officer—receives &amp; distributes final psych reports, credit check and criminal background</p>	<p>Deadlines set by candidacy summit</p> <p>Calendaring in coordination with TAC office who will send sign-up genius to all candidates.</p> <p><b><u>FINAL REPORTS</u></b> Fast track: March 30  All candidates: April 30 and October 31</p>	<p>Rev. Ben Burnside <a href="mailto:bburnside@txcumc.org">bburnside@txcumc.org</a> 713-533-3730</p> <p>Rev. Melissa Maher (volunteer BOM Psych Officer) <a href="mailto:txcumcpsych@gmail.com">txcumcpsych@gmail.com</a> 713-354-4401</p>
<b>Commissioning Candidates</b>	<p><b>Step 1</b> TAC Office—collects references, paperwork of individuals approved by the dCOM to enter commissioning process</p>	<p>Mid September/October</p>	<p>Rev. Ben Burnside <a href="mailto:bburnside@txcumc.org">bburnside@txcumc.org</a> 713-533-3730</p>

	<p><b>Step 2</b> MAS Office—selects availability for scheduling and sends info to TAC Office for sign-up genius</p> <p><b>Step 3</b> Testing, interviews, drafting of final report.</p> <p><b>Step 4</b> BOM Officer—receives final psych reports, credit check and criminal background</p>	<p>Mid October</p> <p><b><u>FINAL REPORTS</u></b> January 31 at the latest</p>	<p>Rev. Melissa Maher (volunteer BOM Psych Officer) <a href="mailto:txcumcpsych@gmail.com">txcumcpsych@gmail.com</a> 713-354-4401</p>
<p><b>Transferring Clergy</b></p>	<p><b>Step 1</b> TAC Office—confirms what psychological reports are required and sends candidate info to MAS</p> <p><b>Step 2</b> MAS Office—receives scheduling notice</p> <p><b>Step 3</b> BOM Psych Officer—receives final psych report, credit check and criminal background. Notify Conf Office when complete.</p>	<p>As needed</p>	
<p><b>Certified Candidate whose psychological is older than 5 years</b></p>	<p>TAC Office confirms candidate eligible to receive psych testing OR needs to attend Candidacy Summit again (where they would receive a psych evaluation)</p>		



<p><b>Type 2 candidate</b></p>	<p><b>Step 1</b> dCOM may interview the candidate according to BOM policy. The dCOM determines what steps need to be taken to be certified. Writes and distributes a Ministry Action Report with action items, including the recommendations from the MAS</p> <p><b>Step 2</b> dCOM reviews progress for Ministry Action Report. Either approves candidate to be re-evaluated by the MAS or maintains current status.</p> <p><b>Step 3</b> MAS meets with candidate for either (a) full battery of tests and interview OR (b) re-interview in order to re-type or keep Type 2</p>		



## **Behavioral Health Guidelines for Boards of Ordained Ministry**

Division of Ordained Ministry  
General Board of Higher Education & Ministry  
[www.gbhem.org/bom](http://www.gbhem.org/bom)

### **Overview**

In the process of selecting candidates for ministry, district Committees on Ordained Ministry (dCOM) and Boards of Ordained Ministry (BOM) must discern each potential candidate's "gifts, evidence of God's grace, and usefulness" (§§ 301.2, 605.7, 635.2h, 666.9, 2012 Book of Discipline). The constant pastoral concern for both the church and candidates is to maximize effectiveness in ministry (on the positive end of the continuum) and minimize ineffectiveness and harm to all involved, both now and in the future.

These guidelines seek to describe the boundaries of healthy functioning, beyond which distortions of health become serious problems for the church and its ministry as well as for the person involved. The central question is how experiences impact a person's inner being or spirit, and how a person's inmost spirit transforms behavior patterns (I Cor. 13, Romans 12). Concern about a person's mental and emotional status and behavioral patterns, including mental processing, emotional states, identity, personal boundaries, and responses to stress, are part of the pastoral concern in selecting candidates.

Since our ministries are treasures of God in earthen vessels (2 Cor. 4:7), we seek to discern how human vessels can be refined and strengthened in order to be more durable and useful in the ministry of Christ in the world. Where negatives exist, can they be sufficiently healed and transformed with the available resources to enable a candidate to incarnate love in ministry? Where positives exist, can they be used to strengthen trust, enable safety, and express grace and love in relationships without giving in to temptations and distortions? To address these concerns, the Division of Ordained Ministry's Advisory Committee on Candidacy and Clergy Assessment (ACCCA) offers these Behavioral Health Guidelines as a resource in candidate selection. As the title suggests, these are general guidelines rather than hard-and-fast regulations. They relate to behavioral health issues, broadly defined, that the committee believes are critical to effectiveness in ministry and the avoidance of misconduct.

### **Our primary purposes in this effort:**

- Guide and advise dCOMs and BOMs.
- Assist BOMs in establishing their own standards for assessment.
- Provide a vehicle for BOMs to raise questions about standards for assessment.
- Flag areas of concern.



The ACCCA proposes standards in the categories listed below, along with brief rationales explaining our sense of their importance. Most candidates will meet these standards immediately, but some may evidence critical behaviors or conditions that would require further exploration. Questions are provided to facilitate this exploration. If the results continue to raise concerns, the Board or Committee may need to take some action, such as postponement of the candidacy process (for further exploration or remediation) or, in serious cases, permanent disqualification. Each recommendation or guideline requires interpretation on a case-by-case basis.

The Advisory Committee on Candidacy and Clergy Assessment welcomes feedback regarding these guidelines. Email the Executive Director of Candidacy and Conference Relations for the General Board of Higher Education and Ministry at [candidacy@gbhem.org](mailto:candidacy@gbhem.org).

## Definitions and Categories:

**Category** – a general area of concern.

**Standard** – a minimum requirement necessary to address the area of concern.

**Rationale** – an explanation of the standard.

**Critical Behavior** – a specific behavior or condition that indicates the standard has not been met.

**Exploratory Question** – a recommended question which may assist in assessing whether a critical behavior does indeed violate the standard.

**Recommendation** – a decision recommended when exploratory questions indicate that a standard is not met.

### The following categories are addressed in this document:

- Alcohol Abuse/Dependence (p. 3)
- Chemical Abuse/Dependence (p. 4)
- Divorce or Infidelity (p. 5)
- Family Violence (p. 6)
- Legal (General) (p. 7)
- Legal (Sex-Related Crimes) (p. 8)
- Mental Illness (p. 9)
- Personal Finances (p. 10)
- Physical Health (p. 11)
- Pornography (p. 12)
- Sexual Misconduct (p. 13)
- Addendum: Definitions of Improper Sexual Contact (p. 14)



## **Category: Alcohol Abuse/Dependence**

### **Standard:**

The candidate demonstrates no present abuse or dependence upon alcohol.

### **Rationale:**

Alcohol abuse (short-term intoxication) and/or alcohol dependence (chronic over-involvement) are mental disorders known to impair functioning in pervasive ways. Candidates who suffer from these disorders will have greatly limited effectiveness and are at much greater risk for professional misconduct.

### **Critical Behaviors:**

- A history of drinking to the point of intoxication.
- A history of arrest for driving while intoxicated.
- A history of an arrest for public intoxication.
- Complaints by family or others regarding the candidate's use of alcohol.

### **Exploratory Questions:**

- The "CAGE" questions below may be helpful: two or more "yes" answers predict alcoholism with about 75% accuracy.
  - Have you ever felt you should **C**ut down on your drinking?
  - Have people **A**nnoyed you by criticizing your drinking?
  - Have you ever felt bad or **G**uilty about your drinking?
  - Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (**E**ye-opener)?
- Where there is a history of alcohol use, the following questions may be helpful:
  - Are you currently abstinent, and if so for how long?
  - If you are abstinent, how and why were you able to become abstinent?
  - What are you currently doing to maintain abstinence? (Possible answers: Alcoholics Anonymous, outpatient chemical dependency counseling, other counseling)

### **Recommendation**

- Consider requiring a minimum of one year's sobriety prior to certification for candidacy.
- If any of the critical behaviors are recent (within five years), then consider requiring a formal "substance abuse evaluation" by a certified chemical dependency treatment specialist.
- If there is clear evidence of alcohol dependence at any time, then consider requiring participation in Alcoholics Anonymous (AA) or equivalent program and continued involvement in such a program for not less than five years prior to certification for candidacy.



## **Category: Chemical Abuse/Dependency**

### **Standard:**

The candidate demonstrates no present abuse or dependence upon either non-prescribed pharmacologic agents or prescribed medications.

### **Rationale:**

Chemical abuse and/or dependence are mental disorders known to impair functioning in pervasive ways. Candidates who suffer from these disorders will have greatly limited effectiveness and are at much greater risk for professional misconduct.

### **Critical Behaviors:**

- Any use of illegal or non-prescribed substances, including but not limited to marijuana, cocaine, hashish, hallucinogens, sedatives, amphetamines or other stimulants.
- Misuse of prescribed pharmacological agents of any type.

### **Exploratory Questions:**

- What is your history of chemical abuse or dependency?
- Are you currently abstinent, and if so, for how long?
- If you are abstinent, how and why were you able to become abstinent?
- What are you currently doing to maintain abstinence? (possible answers: Narcotics Anonymous, outpatient chemical dependency counseling, other counseling)

### **Recommendation:**

- If the history reveals occasional and/or experimental use limited to an adolescent period, then consider requiring not less than five years of sobriety prior to certification for candidacy.
- If the history reveals any adult use of illegal substances or any misuse of prescribed pharmacological agent, then consider requiring a formal chemical dependency assessment from a credentialed chemical dependency treatment specialist. A period of not less than five years of sobriety prior to certification for candidacy would also be appropriate.



## Category: Divorce or Infidelity

### Standard:

If the candidate has been divorced, or if there is evidence of infidelity, the candidate must have done sufficient exploratory and reparative work to demonstrate and/or articulate the impact of the health of married life on quality of ministry.

### Critical Behaviors:

- A divorce in the past three years.
- A history of having been married more than twice.
- A history of infidelity.

### Exploratory Questions:

- If a recent divorce:
  - What steps have you taken to understand the nature of your own contribution to the dissolution of the marriage?
  - What steps have you taken to move yourself through a healthy grief process?
- If multiple marriages:
  - What steps have you taken to identify and deal with any dysfunctional patterns in intimate relationships?
- In either case:
  - Have you maintained fidelity in marriage? If not, what steps have you taken to understand your actions and decisions so as to safeguard current or future marriage covenants?

### Recommendation:

- If there is a recent divorce (within 2-3 years), then the candidate should be able to articulate any dysfunctional patterns in intimate relationships and have taken steps to safeguard current or future marriage covenants.
- If there is insufficient evidence that sufficient exploratory or reparative work has been done, the Board may wish to recommend or require a course of psychotherapy and/or other conditions, such as a delay of one year.



## **Category: Family Violence**

### **Standard:**

The candidate has a history of resolving family conflict in a nonviolent manner.

### **Critical Behaviors:**

- Any report or complaint (against the candidate) of family violence.
- Any history that a law enforcement unit has been called to the candidate's residence because of his/her behavior.
- Any report or complaint (against the candidate) to protective services for inappropriate treatment of children or adults.
- Any history of protective orders against the candidate.

### **Recommendation:**

- The candidate shall ordinarily have not less than three years without reports as described.
- The presence of any critical behaviors requires an investigation into the facts and circumstances and an appropriate period may be required prior to certification for candidacy or continuance.
- The candidate shall acknowledge his/her behaviors and may have entered into family counseling or other appropriate treatment.



## Category: Legal (General)

### Standard:

The candidate shall be respectful of the law and evidence legal responsibility in personal habits.

### Rationale:

This may not, on the surface, appear to be a behavioral health issue, but similar issues around maturity, discipline, and judgment come into play. In addition, one's approach toward the law often is a barometer of one's respect for authority generally, and unresolved authority issues may significantly hamper clergy effectiveness.

### Critical Behaviors:

- More than three moving violations (traffic) within the preceding three years.
- An arrest or conviction for any misdemeanor.
- An arrest or conviction for any felony.
- Note: "Conviction" includes a "no contest" plea without admission of guilt, deferred adjudication and/or probation.

### Recommendation:

- Candidates may have no more than three moving violations (traffic) within the preceding three years.
- A history of arrest for any misdemeanor or felony requires investigation of the circumstances of the arrest including review of the offense (police) report. Results of the investigation may require an appropriate period without history of difficulty or further arrest prior to certification for candidacy or continuance.
- A history of conviction for any felony is, under most circumstances, permanently disqualifying.





## **Category: Legal (Sex-Related Crimes)**

### **Standard:**

The candidate shall have no history that poses risk of sexual harassment, sexual assault to adults or children, nor history of any sex-related offense.

### **Critical Behaviors:**

- Treatment for any sex-related crime.
- Arrest, conviction, or written accusation for any sex-related crime.
- Written allegations of any sex-related crime.

### **Recommendation:**

- If the candidate has committed a sex-related crime, he or she should be permanently disqualified.
- Certainly the candidate is entitled to be considered innocent until proven guilty, so a written accusation or arrest alone is not sufficient for disqualification, but either one would raise significant questions which the Board would need to explore in depth.
- The recommendation for permanent disqualification reflects the massive legal exposure an Annual Conference would take on were it to place in ministry a known sex offender. Behind that reality, however, is the awareness that currently available treatments for such offenses are of limited utility, with high rates of recidivism.



## Category: Mental Illness

### Standard:

The candidate has no current or recurring disqualifying psychological impairment.

### Critical Behaviors:

- The candidate has received a diagnosis of bipolar disorder, schizophrenia or any other psychotic disorder.
- The candidate has received a diagnosis of a personality disorder.
- The candidate has been hospitalized for psychiatric treatment.
- The candidate has been prescribed psychiatric medications (including antidepressants and/or anxiolytics).
- The candidate has attempted suicide.

### Exploratory Questions:

- Describe the history (sequence) of your treatment for your difficulties.
- What specific potential vulnerabilities do these difficulties create for your ministry, and how do you see yourself protecting both yourself and the people you would serve?
- Would you be willing to authorize communication between those who have treated you and this committee?

### Recommendation:

- The more severe the psychiatric impairment, the more important the need for direct consultation with the treating mental health practitioners. The Board may wish to bring in its own mental health consultants in order to evaluate the candidate's situation.
- The candidate has a history of remission from any moderately-to-severely impairing conditions for not less than five years without necessity for psychiatric hospitalization, though treatment may continue.
- The candidate has a history of responsible management of any mildly-to-moderately impairing conditions for not less than five years, and has an effective treatment program in place.



## Category: Personal Finances

### Standard:

The candidate is not in debt so as to embarrass the church and him or herself.

### Rationale:

While this may not, on the surface, seem to be a behavioral health issue, personal financial management has to do with general maturity, including the ability to set priorities, maintain discipline and delay gratification. Difficulties in this area raise concerns about judgment and impulse control.

### Critical Behaviors:

- The candidate has been reported to a credit bureau for nonpayment.
- The candidate has a history of a personal bankruptcy.
- The candidate has had money judgments filed against him/her.

### Exploratory Questions:

- Describe the history (sequence) of your difficulties.
- Are there extenuating circumstances (possible mitigating circumstances: major medical expenses, divorce)?
- Note: Business failures and unemployment are not necessarily mitigating conditions, but require further exploration.

### Recommendation:

- If the candidate has a history of having been reported to the credit bureau, then three years of a good credit history is recommended.
- If the candidate has a history of a personal bankruptcy, then five years of good credit is recommended.
- If the candidate has a history of money judgments, then it is recommended that the judgments be satisfied prior to continuance.



## **Category: Physical Health**

### **Standard:**

The candidate demonstrates no obvious physical health concerns.

### **Rationale:**

Neglect of physical health is known to impair function in pervasive ways. Responsible preventive health care maximizes the functional abilities of the individual and minimizes the health care costs to the annual conference. The physical health concerns listed below may have a strong psychological component, and may reflect psychological disorders.

### **Critical behaviors (considered in cultural context):**

- Obesity (Body Mass Index (BMI) of 30-40 is obese, while a BMI over 40 marks extreme obesity).
- Markedly underweight (BMI is less than 18.5).
- An un-treated, chronic, medical condition such as hypertension, diabetes, etc.
- Non-compliance with prescribed medical treatment for any condition.

### **Exploratory Questions:**

- How do you evaluate your overall physical health?
- What steps do you take to care for your physical health?
- When was your last medical checkup?
- Do you have any current or chronic health problems? If so, what steps are you taking to care for yourself?
- How does your physical health impact your ability to be an effective minister?

### **Recommendations:**

Candidates should be able to articulate their plans for physical health care. Candidates with medical problems should demonstrate medical consultation and cooperation with treatment plans.



## Category: Pornography

### Standard:

The candidate has no present use/dependence upon pornography.

### Rationale:

Dependence upon pornography is known to impair functioning in pervasive ways, including impaired relationships, time lost to sleep and work, and negative self-esteem.

### Critical Behaviors:

- A history of being disciplined or dismissed from a job because of accessing pornography.
- A history of regularly visiting pornography sites.
- Downloading pornography from a site.
- Erasing computer history files in an effort to conceal pornography sites.
- Time on pornography sites takes away from or prevents doing other tasks and activities.

### Exploratory Questions:

- Are you currently abstinent, and if so for how long?
- If you are abstinent, how and why were you able to become abstinent?
- What are you currently doing to maintain abstinence?
- What is your understanding of how pornography functioned in your life?

### Recommendation:

If the candidate is not abstinent, require participation in Sex Addicts Anonymous, Sexual Recovery Anonymous, Sexual Compulsives Anonymous, or similar group.

### Recommended Reading:

- *The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography* – Wendy and Larry Maltz. Harper Paperbacks, (2008).
- *In the Shadows of the Net: Breaking Free from Compulsive Online Sexual Behavior* – Patrick Carnes, et. Al. Hazelden Publishing, (2007).
- *The Pornography Trap: Setting Pastors and Layperson Free from Sexual Addiction* – Ralph Earle & Mark Laaser. Beacon Hill Press of Kansas City, (2002).
- Christian Century (Sept. 4, 2007), “Addictive Behavior: Pastors and Pornography”.
- Psychotherapy Networker (Dec. 1, 2009), “Out of the Shadow”.

### Websites for support:

- [www.clergyrecovery.com](http://www.clergyrecovery.com)
- [www.helpguide.org](http://www.helpguide.org)
- [www.netaddiction.com](http://www.netaddiction.com)
- [www.healthysex.com](http://www.healthysex.com)



## **Category: Sexual Misconduct**

### **Standard:**

The candidate has no history or complaints of sexual misconduct or charges of sexual harassment having been brought against him/her. See addendum for definitions.

### **Rationale:**

Candidates must model in their personal lives and behavior a healthy and sacred view of sexuality so as not to misuse the clerical office.

### **Critical Behaviors:**

- A history of complaints or charges (either formal or informal) of sexual harassment.
- A history of improper sexual conduct.

### **Exploratory Questions:**

- Have you ever had a complaint or charge (either formal or informal) of sexual harassment or misconduct brought against you? If so, describe the circumstances.
- What steps have you taken to insure that the behavior does not occur in the future?

### **Recommendation:**

- The Board of Ministry should explore in an interview with the committee the steps the candidate has taken to identify and understand and deal with the psychological vulnerabilities that contributed to the behavior, and what safeguards the candidate has put into place to guard against the possibility of similar behavior in the future.
- The candidate should have no evidence of sexual misconduct for a minimum of three years.
- A candidate must articulate a plan to insure that such behavior is unlikely to recur. This plan may include intensive psychotherapy and/or ongoing supervision, or other conditions required by the Board.



## **ADDENDUM: Definitions of Improper Sexual Conduct**

### **Deviant sexual behaviors:**

Deviant sexual behaviors include, but are not limited to, behaviors such as pedophilia, exhibitionism, or other paraphilias, and preoccupation with pornographic materials for sexual stimulation and gratification.

### **Sexual Harassment:**

Includes solicitation, physical advances, or verbal or nonverbal conduct consisting of a single intense or severe act, or of multiple persistent or pervasive acts, by a candidate toward another individual, that are sexual in nature and occur whether in connection with the candidate's clerical activities or personal life, and that are unwelcome, offensive, or create a hostile environment for the affected individual.

### **Sexual impropriety:**

Sexual impropriety is deliberate or repeated comments, gestures, or physical acts of a sexual nature that include but are not limited to:

- Behavior, gestures or expressions which may reasonably be interpreted as inappropriately seductive or sexually demeaning.
- Making inappropriate comments about an individual's body.
- Making sexually demeaning comments to an individual.
- Making comments about an individual's potential sexual performance.
- In a counseling relationship, requesting details of a person's sexual history when not clinically indicated for the type of consultation.
- Requesting a date.
- Initiating conversation regarding the sexual problems, preferences, or fantasies of either party.
- Kissing of a sexual nature.
- Sharing or displaying pornographic material with another person.