

40 IDEAS FOR KEEPING LENT HOLY

- February 10: Pray for your enemies
- February 11: Walk, carpool, bike or bus it.
- February 12: Don't turn on the car radio
- February 13: Give \$20 to a non-profit of your choosing

1st Sunday in Lent, February 14

- February 15: Take 5 minutes of silence at noon
- February 16: Look out the window until you find something of beauty you had not noticed before
- February 17: Give 5 items of clothing to Goodwill
- February 18: No complaining day
- February 19: Read Philippians 2: 1-11
- February 20: Buy a few \$5 fast food gift cards to give to homeless people you encounter

2nd Sunday in Lent, February 21

- February 22: Call an old friend
- February 23: Pray for people and situations in today's newspaper.
- February 24: Read Psalm 139
- February 25: Give sincere compliments to several people in your life.
- February 26: Bring your own cup, glass or dish somewhere.
- February 27: Educate yourself about human trafficking

3rd Sunday in Lent, February 28

- February 29: Forgive someone.
- March 1: Either eliminate or significantly reduce your use of the internet and social media.
- March 2: Leave an anonymous note of blessings on someone's windshield.
- March 3: Check out morning and evening prayer at The Daily Office. [www.dailyoffice.org/]
- March 4: Ask for help and/or allow someone to help you.
- March 5: Tell someone about something for which you are grateful

4th Sunday in Lent, March 6

- March 7: Introduce yourself to a neighbor
- March 8: Read Psalm 121
- March 9: Cook something from scratch
- March 10: No shopping day
- March 11: Light a virtual candle
[www.rejesus.co.uk/site/module/post_a_prayer/]
- March 12: Light an actual candle

5th Sunday in Lent, March 13

- March 14: Write a thank-you note to your favorite teacher or mentor.
- March 15: Invest in canvas shopping bags
- March 16: Use Freecycle [www.freecycle.org/]
- March 17: Donate art supplies to your local elementary school or community center
- March 18: Read John 8:1-11
- March 19: Worship at a friend's mosque, synogogue or church and look for the beauty

Passion/Palm Sunday, March 20

- March 21: Confess a secret
- March 22: No sugar day – where else is there sweetness in your life?
- March 23: Give \$20 to a local non-profit
- March 24: Educate yourself about a saint [www.catholic.org/saints]
- March 25: Pray for peace
- March 26: Pray for your enemies (you probably have new ones by now)

Now decide which of these exercises you'll keep for good

Easter Sunday, March 27

40 Ideas for Keeping a Holy Lent by Nadia Bolz-Weber she serves at House for All Sinners and Saints, Denver — an urban liturgical community with a progressive yet deeply rooted theological imagination. Learn more at www.houseforall.org. This is adapted from a post originally appeared on Nadia's blog, *Sarcastic Lutheran*.

Ash Wednesday Service, February 10 — 7:00 PM

Prayer: Wednesday noon in the Sanctuary

Palm/Passion Sunday — March 20, 8:30 & 10:50 AM
Sunday Worship with Palm Procession

Maundy Thursday — March 24 7:00 PM

Good Friday, March 25 7:00 PM, Service of Tenebrae

Holy Saturday — March 26, 7:00 PM — Service of Light

Easter Sunday — March 27

Worship — 8:30 AM

Easter Egg Hunt & Breakfast — 9:30 AM

Worship — 10:50 AM

**Letter from a Birmingham Jail:
A community reading & discussion
Tuesdays at 7PM**

During this Lenten season, listen to Dr. King speak to the church through Spirit-inspired words with fellow Methodists as pastors lead a discussion with attendees. Hear how King's words impact us and listen to one another's stories as we pursue the dream and seek first the kingdom of God.

February 16 & 23 Trinity East UMC, 2418 McGowen

March 1 & 8 St. Paul's UMC, 5501 Main St.

March 15 & 22, St. Mark's UMC, 600 Pecore

Distilling our Faith: Not Your 6th Grade Confirmation

Coming in March, Pastor Emily will go the basics of our Christian faith. Adult confirmation is a place where you can ask questions. Contact church office or contact Pastor Emily.

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