

# *Disease Management Program*

The Texas Annual Conference Health Plan offers a **Disease Management Program** for all members. The program helps members with chronic conditions such as diabetes, heart disease, hypertension and asthma achieve the best health possible.

The Conference offers a **participation incentive** where you can receive cash benefits! For example, the plan pays eligible members \$50 for an initial phone interview assessment by one of our nurses. Follow up assessments (which may occur 1-4 times per year depending on the member) qualify for a \$25 reward. Further, the Conference offers an annual **standard of care treatment bonus** of \$150 to diabetics who received the following recommended care:

- A1C test every 3 or 6 months
- Yearly lipid panel
- Yearly micro albumin urine test
- Yearly comprehensive foot exam
- Yearly dilated eye exam
- Monitor glucose at home

In addition, diabetics that actively participate in the program qualify for a **free state-of-the-art cellular enabled glucometer and testing supplies** through ActiveCare. This glucometer records every blood test through a secure web portal where you can view the results and share them with loved ones and healthcare professionals. ActiveCare also offers 24/7/365 support and customer service.

If you have any questions about the program or need information on how to join, please contact Silvia Villegas, RN at 1-(800) 477-4625 extension 7128 or (512) 233-7128.