

## **Newborns' and Mother's Health Protection Act (NMHPA) Notice**

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section.

However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable).

In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). For additional information regarding this coverage, refer to the Summary Plan Description (SPD).

If you have questions about NMHPA benefits, contact Boon-Chapman customer service at 1-800-252-9653 or Barbara Kilby, TAC Benefits Manager, at 713-533-3703 or [bkilby@txcumc.org](mailto:bkilby@txcumc.org) for more information.

## **Women's Health and Cancer Rights Act (WHCRA) Notice**

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient for:

- All stages of reconstruction of the breast upon which the mastectomy has been performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complication of the mastectomy, including lymph edema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, the deductibles and coinsurance according to your plan apply. If you would like more information on WHCRA benefits, contact Boon-Chapman customer service at 1-800-252-9653 or Barbara Kilby, TAC Benefits Manager, at 713-533-3703 or [bkilby@txcumc.org](mailto:bkilby@txcumc.org) for more information.

Annual Notice: Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Call Barbara Kilby, TAC Benefits Manager, at 713-533-3703 for more information.