

# *2015 A-la-carte Fitness Rebate*

Let us help you get off on the right foot with our Group Health Program **2015 A-la-carte Fitness Rebate**. Make any reasonable health, fitness or weight loss purchase(s) from January 1 - through September 30, 2015 and receive a refund of 50% of your total expenses up to a maximum refund of \$300!

## *Who is Eligible?*

Active Clergy, Lay Employees, Spouses that are participants in the TAC Group Health Benefits Program. You are not required to have attended the Day of Wellness or be enrolled in the Walking program to participate.

## *What kind of purchases qualify for the rebate?*

Any reasonable health, fitness or weight loss purchase(s) made between January 1 and September 30, 2015. Eligibility of any purchase for the rebate will be determined by the Center for Clergy Excellence. All decisions are final.

Eligible purchases include, but are not limited to:

Sports apparel

Running/walking/athletic shoes/hiking boots

Equipment - treadmill, bike, tennis racket, yoga mat, etc.

Books, cookbooks, videos, software, APPs, etc.

Cooking classes, diet/nutritional classes, health seminars, etc.

Blender, Nutri-bullet, juicer

Vitamins, health foods, meals plans

Weight reduction membership - Weight Watchers, Jenny Craig, etc.

Fitness coach, personal trainer, etc.

Fees to run/walk 5k, 10k, marathons

Gym/class membership fees/dues

## *How do I apply for my rebate?*

Submit the [2015 A-la-carte Fitness Rebate Form](#) by October 12, 2015.

Each participant must submit only one rebate form with all receipts attached. Multiple rebate forms per individual will not be accepted. Copies of receipts will be accepted, but must be completely legible. Circle eligible items on receipts and provide a description of the item on the receipt if not provided (sometimes only model numbers or codes are used - we need an explanation of the item on the receipt). Save up all receipts and submit all at once with your rebate form.

A separate form and receipts need to be submitted for each clergy or lay employee and a separate form and receipts for spouses. No combined submissions will be accepted. If using the same receipt for both husband and wife, copies need to be filed with each rebate form and items labeled clearly for each rebate participant.

If a yearly membership to a gym or program was paid in advance prior to January 1, 2015, indicate monthly fees/dues designated for use in 2015 and submit documentation (Credit card statement, receipt from gym, etc.) with a prorating for the period you would like covered - see special section on the incentive form.

**Rebate: 50% of expenses up to a maximum rebate of \$300.**

Example: Make purchases and/or pay membership fees totaling \$600 or more during the 9 month period (January 1st to September 30<sup>th</sup>) and you receive a \$300 rebate; spend a total of \$500, get \$250 back, and so on...

**Deadline to submit form and receipts is October 12, 2015.** Checks will be processed each month on the 15<sup>th</sup> (Monday after 15<sup>th</sup> if the 15<sup>th</sup> falls on a weekend). All forms/receipts received by the 12<sup>th</sup> of a month will be processed in that month. Submit early - those submitting at the end of the period (late September and early October) may have to wait longer for their checks because of the volume of paperwork/checks being processed.

Submit the [Walking Program 2015 A-la-carte Fitness Rebate Form](#) and receipts to:

Nancy Slade  
Center for Clergy Excellence  
5215 Main St.  
Houston, TX, 77002.  
Contact: [nslade@txcumc.org](mailto:nslade@txcumc.org)  
713.521.9383 x322